**Student Personal Therapy Log**

A minimum of 5 personal therapy sessions must be completed by the date of course completion or one month prior to graduation (Graduate Diploma), plus another 10 sessions (Masters, total 15 hours).

**Note**:

* In addition to this log form, please submit verification of your client sessions. Verification can be provided via providing your therapist’s signature below or by attaching email confirmation and/or invoices to your log.
* If you have worked with the same therapist over a period of time, you can write one entry specifying the period of time (date range) that you worked together, the total number of sessions received during that time and provide a single piece of verification confirming all sessions.

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| **Session Details** | | **Therapist Details** | | | **Verification** |
| Date or  Date Range | Total no.  of Sessions | Therapist Name | Practice Name | Contact Details  (tel/email) | Therapist signature, email verification  or invoice |
| *e.g. 01/01/23 - 01/03/23* | *3* | *Julie White* | *Eco Thrive* | *julie@ecothrive.com* | *See email dated 05/06/2022* |
| *e.g. 10/04/2023* | *1* | *Dr. Ray Tide* | *Deep Well* | *ray@deepwell.com* | *See invoice uploaded* |
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| Student Name: .................................................... Student Signature:........................................................  Date:.................................................................... | | | | | |